



## Custom stackable 5 tier









### Do's and Don'ts of Composting

**DO** compost:

- Fruit and vegetable scraps
- Egg and nut shells
- Coffee and tea grounds
- Weeds, leaves and bark
- Grass and plant trimmings
- Wood chips, sawdust and ashes

#### Never compost :

- Large branches or logs (unless shredded)
- Plastics or synthetic fibers
- Manure from carnivorous (meat eating) animals
- Diseased plants or plants suffering from severe insect at
- Invasive plants and weeds (e.g., ivy, succulents, morning glos
- Plants that have been treated with herbicides
- Charcoal ashes
  - **Bones**



- alternate moist and dry materials
- Moist ingredients are food scraps, tea bags, seaweed, etc.
- Dry materials are straw, leaves and wood ashes.
- If you have wood ashes, sprinkle in thin layers, or they will clump together and be slow to break down.



- Covering helps retain moisture and heat
- Covering also prevents the compost from being over-watered in the rain.
- The compost should be moist, but not soaked and sodden.
- You can cover the bin with anything you have examples: wood, plastic sheeting, carpet scraps.

#### Benefits

- Soil conditioner. With compost, you are creating rich humus for lawn and garden. This adds nutrients to your plants and helps retain moisture in the soil.
- Recycles kitchen and yard waste. Composting can divert as much as 30% of household waste away from the garbage can.
- Introduces beneficial organisms to the soil. Microscopic organisms in compost help aerate the soil, break down organic material for plant use and ward off plant disease.
- Good for the environment. Composting offers a natural alternative to chemical fertilizers.
- Reduces landfill waste. Most landfills in North America are quickly filling up; many have already closed down. Onethird of landfill waste is made up of compostable materials.

# 5 interesting things about composting

- 1. If you are composting sawdust, be sure of the origin of the sawdust. Sawdust from chemically-treated wood products can be harmful to compost.
- 2. Used cotton balls and cotton swabs can be composted. Just make sure they are 100% cotton.
- 3. When a flower bouquet has seen better days, it can still be put to good use by composting it.
- 4. After Halloween, there is usually an abundance of jack-o-lanterns on the curb for trash pick-up when instead you can compost them.
- 5. Bread. Stale dry bread is acceptable in your compost, but if coated with any type of fat or spread, it will attract pests, so put sandwiches in the garbage.

### Sites used to get information

- http://www.eartheasy.com/grow\_compost.html
- http://www.longbeachrecycles.org/home/recycling/composting.htm
- http://www.greendivamom.com/2009/01/12/1unusual-things-you-can-compost
- http://webecoist.com/2009/04/16/22-things-you-didnt-know-you-could-compost
- http://www.perc.ca/PEN/1995-06/king.html